

GRW LUNCHES Autumn Term 1 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
30th August				Curry and rice with naan bread and salad	Sandwich bar
7th September	Italian Pasta Bake with salad and garlic bread	Fajita chicken with cous-cous, flatbreads and salad	WWW - Barbados Bajan fish cakes, hot sauce, roti,mango salsa and salad	Homemade pizza breads with potato salad and crispy leaves	Sandwich bar
14th September	Mac and Cheese with salad and crunchy garlic croutons	Sausages with herby wedges and baked beans	WWW - Denmark Frikadeller, brunede kartofler, red cabbage	Curry and rice with naan bread and salad	Sandwich bar
21st September	Italian Pasta Bake with salad and garlic bread	Fajita chicken with cous-cous, flatbreads and salad	WWW - Oman Shawarma, paratha, crudites, houmous, chutneys	Homemade pizza breads with potato salad and crispy leaves	Sandwich bar
28th September	Mac and Cheese with salad and crunchy garlic croutons	Sausages with herby wedges and baked beans	WWW - Netherlands Hachee with chicken or veg, root veg mash	Curry and rice with naan bread and salad	Sandwich bar
5th October	Italian Pasta Bake with salad and garlic bread	Fajita chicken with cous-cous, flatbreads and salad	WWW - Bangladesh Biryani with meat or veg, paratha, carrot salad	Homemade pizza breads with potato salad and crispy leaves	Sandwich bar
12th October	Mac and Cheese with salad and crunchy garlic croutons	Sausages with herby wedges and baked beans	WWW - Sinapore Laksa and fried rice	Curry and rice with naan bread and salad	Sandwich bar

* Please note menu may alter slightly if there are changes to the school timetable, events and visitors

* Every day a vegetarian option is offered