

June 2023

Dear Parents and Carers,

GR-Expedition 2023 - Cornwall

After the success of the last few expeditions to Swanage and the Isle of Wight last year, The Green Room Windsor is running a lower school expedition to Cornwall this year.

The trip will commence on Wednesday 5th July and will run for two nights. Pupils and staff will be travelling to Cornwall via minibuss. The journey time will be approximately 4 hours and 40 minutes, we will be breaking this journey up with rest breaks. To make the most of our time in Cornwall we are aiming to leave the school at 9am, taxis will unfortunately not cater for this early drop off therefore we ask parents/carers to drop their young people off at GRW between 8.15am-8.45am. If this is not possible, please do get in touch and we can make other arrangements.

The trip itinerary is jam-packed with activities, visits to geographical phenomenons and exciting adventures. Please turn over to the next page to view the itinerary and kit list.

Please refer to these links for more information on Cornwall and the campsite:

Cornwall: <https://www.visitcornwall.com/>

Campsite: <https://www.higherkestle.co.uk>

Eden Project: <https://www.edenproject.com/>

Dates for the expedition are the following:

- **Wednesday 5th July**
- **Thursday 6th July**
- **Friday 7th July**

Pupils will return to Windsor Leisure Centre (usual pick up spot) via minibuss on Friday, 7th July. We will be aiming to get back to GRW for 4.30pm/5.00pm. We would require a parent/carer pick up for this too. If this is not possible, please do get in touch and we can make other arrangements.

This trip is open to all Year 9 and 10 pupils, and we will also be inviting any new pupils who are joining us in the 2023/24 academic year.

Costings

We ask that parents/careers pay £150; the full cost of the 3-day trip. This includes all activities, transport, food and accommodation. We are able to offer an instalment payment plan if you would like to spread the cost over an agreed period. If you have any concerns in regards to payments please get in touch with the school and we will be happy to come to an arrangement, as we would not want this to be a barrier to attending the trip.

Sponsored Walk

To help fund other parts of the trip, the school will be hosting a fundraiser in the form of a Sponsored Walk on Friday 23rd June. Attached to this letter is a sponsorship form pupils can use to record donations. We have also included the route map for your information. Each pupil has a sponsorship target of £30 with a prize being awarded to the individual who can raise the most over this target!

If you have any queries please do not hesitate to contact the school at 01753 866711, or claire@thegreenroomschool.com. An Information Evening will be held on Monday 5th June at 6.00pm at The Green Room Windsor. A following letter will be sent out that highlights specific details about this evening. We sincerely hope the expedition will build resilience amongst our pupils and afford them an experience to remember.

Kind regards



Claire Anderson
Tutor and Trip Leader



Daniel Jacobs (Deej)
WINGS Programme Manager and Head of Careers

GR Cornwall TRIP OVERVIEW

Wednesday 5th July - Day 1

- Arrive at GRW between 8.15-8.45
- Make packed lunch
- Leave GRW, Drive for 2hrs 20min to Sedgemoor Services,
- Rest break
- Drive 2hrs 20mins to The Lost Gardens of Heligan, Pentewan, St Austell,
- Arrive at the Gardens. Lunch and explore.
- Drive to Pentewan beach, Saint Austell
- BBQ and free time at the beach
- Head to Campsite Higher Kestle Farm, St Ewe, St Austell, Cornwall. Set up camp
- Chill time around the camp (campfire & showers)
- Lights out 10.30pm

Thursday 6th July - Day 2

- Breakfast
- Morning briefing
- Leave campsite for Eden Project, Bodelva
- Tour the Eden Project
- Possibility of doing the zip wire across The Eden Project
- Fish and chips on the beach
- Play in the sea or on the beach
- Back to the campsite, pack up bags and equipment.
- Campfire - Academic Year Closing Ceremony
- Campsite games and showers
- Lights out 10.30pm

Day 3 - Friday 7th July

Wake up and strike camp

- Breakfast
- Morning Briefing (Organise Pack Down)
- Leave campsite
- Travel home for pick up at 4.30pm/5.00pm

Kit list essentials:

- Camping rucksack/Luggage holdall
- Suitable clothing and footwear for walking (pupils have been spoken to about appropriate footwear)
- Backpack or day pack appropriate for outings
- Please see the advisory packing list,

Underwear x3	Socks x4	Sweatshirt x3
Shorts x3	T-shirt x4	Jeans/joggers x2
Pyjamas	Waterproof coat	Sun hat
Sunglasses	Torch	Pillow
Towel	Swimwear	
2nd pair of trainers/water shoes	Flip flops/sliders (optional)	

Toiletries: Toothbrush, toothpaste, soap, flannel, deodorant/antiperspirant, hairbrush/comb, **sun cream** (if not already in school)

Mobile phone (these are allowed but not essential)

No Speakers to be brought on this trip, Campsite rules.

Pupils may wish to bring Headphones, for the journey and chill out times.

Portable chargers may also be brought as we will have no way of charging pupils' mobile phones whilst we are away.

Medication

If your child requires medication during the trip please complete the consent form and ensure the medication is brought to school in its original packaging with complete dosage instructions. We will not have refrigeration facilities for medicines. We will have pain relief and hayfever tablets and already have your instructions whether or not your child can take paracetamol, ibuprofen and antihistamine. First aid, if required, will be administered during the trip.

Food Allergies and Dietary Requirements

Food and snacks will be provided. There is no reason to bring additional food or drinks and we actively encourage pupils not to. We already have a record of your child's allergies and dietary requirements but do get in touch if you have any concerns.

Electrical equipment and Valuables

Please note there will be no Wi-Fi during the trip. If electronic devices are brought along they are solely the pupils' responsibility and we recommend keeping valuables and precious items safely at home.

Money

all food/ drink will be provided for and activities paid for, but if pupils wish to bring some money to spend on gifts or souvenirs, or other snacks and drinks they may do so. All money taken by the young person will be their responsibility.

We have attached three forms which require completing and returning to school:

- Consent Form for GRCornwall 2023
- Medical Form
- Sponsorship form with sponsorship money attached.

What you need to do

If you would like your young person to attend the trip, please register your interest by returning the consent form below. We are also requesting a £150 contribution to cover the cost of the trip. Please send both the consent form and your contribution by **Monday 20th June**. Please contact the school office on **01753 866711** if you have any questions about payment. If you are unable to contribute financially to the trip, please let us know and we can work out a suitable arrangement.

If your young person has to take medication during the trip, please detail the name of the medication, dosage and frequency in the consent form. Please send in your young person's medication in its original packaging.

Deposits and donations can be made payable by cash/cheque to the school office or a bank transfer:

Sort Code: 60-83-71

Account: 02164440

Reference: (Child's Initials) GRCornwall



GR Cornwall CONSENT FORM

I agree to (pupil name) participating in The Green Room School's camping trip to Cornwall, details of which are included in the explanatory letter attached. Please tick below to give your consent to your child's participation or the overall statement at the top:

I consent to my child participating in The Green Room Cornwall camping trip:

My child has a medical condition for which he/she needs to take medication: yes no

If yes, please provide details of when medication needs to be taken in the medical form attached, and any other information relevant to your young person's safety. Please provide the medication in its original packaging prior to the trip.

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.....

Signed: Father / Mother / Carer (*please circle*)

Printed:

Date:

PLEASE RETURN COMPLETED FORM TO THE GREEN ROOM OFFICE

GR IOW MEDICAL FORM

If your young person requires medication during The Green Room School's camping trip to the Cornwall, please fill in this form and return it to The Green Room with the boxed medication and dosage instructions as soon as possible.

Name of pupil: _____

Please see example below of how to fill in the table:

Medication	Dosage	Time of administration	Notes
Eg: Concerta	1 x tablet	Morning	Empty stomach

If you have any other concerns or anything you think The Green Room staff should be aware of in order to keep your child safe, please fill it in below.

Name of Parent/Carer: _____

Signature: _____ Date: _____

7.9 Miles - Approx 2 Hours 36 Minutes - 3 Hours

The screenshot displays a Google Maps interface with a walking route highlighted in blue. The route starts at 'Sheet St Rd, Windsor SL4 2BD' and ends at 'Cumberland Lodge'. A callout box indicates the total distance is 7.9 miles and the estimated time is 2 h 36 min. The route passes through several landmarks including Cranbourne Park, The Long Walk, and the Copper Horse Statue of King George III. The left sidebar shows a list of waypoints and options like 'Send directions to your phone'. A search box at the bottom right offers actions like 'Add a destination', 'What's here?', 'Print', and 'Measure distance'. The map includes a satellite view inset and a scale bar at the bottom.

Great Park Car Park, Windsor SL4 2BD
Queen Elizabeth II Golden Jubilee Statu
Cumberland Lodge, Windsor Great Park
The Fox and Hounds, Bishopsgate Rd, E
Copper Horse Statue of King George III
The Long Walk, Windsor SL4 2QZ
Sheet St Rd, Windsor SL4 2BD
Add destination

OPTIONS

Send directions to your phone

via Sheet St Rd/A332 and Prince Consort's Dr 2 h 36 min
7.9 miles
DETAILS

↑ 308 ft · ↓ 308 ft
282 ft

Satellite

Google
Map data ©2019 United Kingdom Terms Send feedback 500 m

Add a destination
What's here?
Print
Measure distance

Start a path.