

# GRK LUNCHES - SPRING TERM 1 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
2 January			Inset Day	Chilli con carne with rice	Fish finger, chips and peas
9 January	Cheese and tomato pasta bake with salad	Chicken korma and rice with vegetable sticks	Sausages, yorkshire puddings, roast potatoes and carrots	Cottage pie and green beans	Fish cake, diced potatoes and sweetcorn
16 January	Chicken and broccoli pasta bake	Minced beef and onion pie with mash and carrots	BBQ chicken, potato wedges and sweetcorn	Sausage plait and mixed vegetables	Jacket potato, tuna mayo and salad
23 January	Macaroni cheese with garlic bread	Moroccan chicken and herby couscous	Roasted vegetable lasagne with garlic bread	Chilli con carne with rice	Fish finger, chips and peas
30 January	Cheese and tomato pasta bake with salad	Chicken korma and rice with vegetable sticks	Sausages, yorkshire puddings, roast potatoes and carrots	Cottage pie and green beans	Fish cake, diced potatoes and sweetcorn
6 February	Chicken and broccoli pasta bake	Minced beef and onion pie with mash and carrots	BBQ chicken, potato wedges and sweetcorn	Sausage plait and mixed vegetables	Jacket potato, tuna mayo and salad

\* Please note menu may alter slightly if there are changes to the school timetable, events and visitors

\* Every day a vegetarian option is offered